



# *your ultimate* Birthday Party Experience

(Everything you need to know is in this pack)

**Let us host  
the party!**



# What do our *parents* think?



**It really is one of the best  
we've ever had!**

The perfect mixture of taught  
gymnastics and free play.

The coach's were amazing, so  
much patience and engagement  
with the children.



**It would 100%  
recommend booking  
a party here!**

I didn't have to worry about  
anything, was a joy to organise  
them.



**The coached were kind  
and patient with the children.**

There were children who were shy  
and they did everything to make  
them feel better and join in.  
Evverything was thoughtout of –  
thank you so much.



# What's *included...*



## Maximum 24 Children

(Age range 3-14yrs)

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## Party Bags

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## Invitations

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## Structured Gymnastics

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## Fun, Games & Free Play

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## Party Room

1hr 15min – Gym & 45mins – Party Room.  
FOOD NOT INCLUDED!

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## Party Decorations

Welcome to come early and set up the room.



# FAQ's

## **"Do you provide food?"**

We do not provide food, we welcome you to bring party food along with you, taking care of any food requirements of the children that will attend the party. Some parents have ordered food in using well known apps.

## **"Is there a minimum number of children that can attend?"**

No there is no minimum number of children who can attend.

## **"How long do they spend in the gym?"**

The children will spend 1 hour 15 minutes in the gym and 45 minutes for food in the party room provided.

## **"What do they wear?"**

The party attendees can wear anything gymnastics related. We recommend shorts and t-shirt. We do not allow jewellery or dresses.

## **"Is it structured or unstructured?"**

We offer a semi structured party! Split up into three parts: Taught gymnastics, games and free play.

## **"Will the children be allowed back in the gym after their food?"**

Unfortunately, they will not be able to do more gymnastics after they've eaten.

## **"Do they need to be a member to attend?"**

No! We offer our parties to members and non members alike.

## **"Are there age limits?"**

The youngest you can invite is 3yrs old and the eldest 14yrs old.

## **"Can I decorate the room where the children eat?"**

Of course! Please let us know when you would like to do this. We are happy to have you come along prior to the party starting.

## **"What's provided in the party bags?"**

In the party bags there will be lots of different games, activities, puzzles and sweets with enough room for you to put in the party cake.

## **"When will you send me the invitations?"**

Invitations are collectable from your club upon booking a party.

## **"How do I book?"**

We will be in touch when we receive your response to our booking form – [eagymnastics.co.uk/birthday-parties](http://eagymnastics.co.uk/birthday-parties)



# How to *book...*

Follow the link below to our website

[eagymnastics.co.uk/birthday-parties](https://eagymnastics.co.uk/birthday-parties)

# Let us *host* your party!

Your party slot will be booked in once the payment has been made; we are not able to hold a date for you.

Please understand we are unable to provide party food.

We welcome you to come along 30 minutes early to set up any decorations and food.

Available at multiple locations across the country find out more at

[eagymnastics.co.uk/birthday-parties](https://eagymnastics.co.uk/birthday-parties)

Sit back and relax while our team runs the show in our gym! We'll handle all the fun and activities, so parents can enjoy the party stress-free.